

DRŽAVNO PRVENSTVO BENCH PRESS

MUŠKARCI

R b	Prezime i ime	Klub	Telesna Težina	Čučanj			Bench Press			Mrtvo Dizanje			Total	Wilks relativ
				I	II	III	I	II	III	I	II	III		
BENCH PRESS RANG LISTA, KATEGORIJA OD 01 ,00 DO 59,00 KG														
1	Ratko Martinović	Beo Gym Beograd	58.10	100.00	105.00	107.50	55.00	61.00	67.50	85.00	90.00	92.50	267.50	235.0523
2	Dimitrije Raškov	PLK Gladi- jator	54.60	50.00	55.00	0.00	55.00	60.00	67.00	70.00	80.00	90.00	207.00	193.2138
BENCH PRESS RANG LISTA, KATEGORIJA OD 59 ,01 DO 66,00 KG														
1	David Svere- tecki	Stefani Zrenjanin	64.90	100.00	110.00	110.00	85.00	95.00	100.00	130.00	140.00	150.00	360.00	286.6320
BENCH PRESS RANG LISTA, KATEGORIJA OD 66 ,01 DO 74,00 KG														
1	Filip Vlajić	Dinamo Pančevo	73.40	165.00	170.00	172.50	105.00	107.50	110.00	200.00	211.00	217.50	500.00	361.7500
2	Vladimir Jović	Beo Gym Beograd	71.30	150.00	155.00	160.00	122.50	125.00	130.00	165.00	170.00	175.00	465.00	343.6350
3	Nastasia Georgie Andrei	Dinamo Pančevo	71.20	170.00	180.00	180.00	95.00	100.00	105.00	170.00	180.00	190.00	460.00	340.3080
4	Saša Jerčić	Spartans Pančevo	71.40	140.00	152.50	157.50	95.00	102.50	107.50	185.00	195.00	205.00	460.00	339.6180
5	Nikola Banković	KSS D.Đorđević	72.40	100.00	120.00	135.00	100.00	100.00	105.00	160.00	180.00	195.00	420.00	306.8940
6	Nikola Kvočka	Dušan Silni Beograd	73.00	120.00	127.50	127.50	102.50	105.00	105.00	160.00	170.00	170.00	385.00	279.6640
BENCH PRESS RANG LISTA, KATEGORIJA OD 74 ,01 DO 83,00 KG														
1	Darko Antić	Musculus	80.40	170.00	180.00	180.00	130.00	145.00	150.00	170.00	190.00	210.00	530.00	360.7180
2	Uroš Radić	KDT Je-	82.20	140.00	140.00	155.00	153.00	160.00	165.00	180.00	200.00	205.00	525.00	352.4850

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		dinstvo S.Pazova												
3	Dušan Milić	PLK Gladijator	82.30	130.00	145.00	155.00	120.00	125.00	130.00	180.00	200.00	210.00	485.00	325.3865
4	Dimitrije Konjević	Beo Gym Beograd	82.50	130.00	140.00	150.00	110.00	115.00	115.00	180.00	190.00	200.00	450.00	301.4550
5	Ivan Kovačević	Dinamo Pančevo	79.60	120.00	120.00	130.00	80.00	85.00	90.00	130.00	135.00	145.00	365.00	249.9885

BENCH PRESS RANG LISTA, KATEGORIJA OD 83 ,01 DO 93,00 KG

1	Novak Lukić	Spartans Pančevo	91.00	245.00	255.00	265.00	140.00	152.50	157.50	245.00	255.00	267.50	662.50	420.6213
2	Milan Ranđelković	KSS D.Đorđević	92.00	180.00	200.00	220.00	140.00	150.00	160.00	270.00	291.00	300.00	661.00	417.4215
3	Miloš Radisavljević	Beo Gym Beograd	90.40	175.00	190.00	195.00	140.00	150.00	150.00	240.00	252.50	257.50	597.50	380.4215
4	Dragan Radulović	KSS D.Đorđević	86.40	160.00	170.00	180.00	120.00	130.00	130.00	210.00	220.00	230.00	540.00	352.2420
5	Miloš Mitrović	KSS D.Đorđević	88.70	160.00	180.00	185.00	150.00	160.00	0.00	200.00	220.00	0.00	530.00	340.8960
6	Željko Srdanović	Disciplina Beograd	85.20	170.00	180.00	182.50	150.00	155.00	157.50	190.00	200.00	0.00	525.00	345.1875
7	Igor Trojanović	Dušan Silni Beograd	91.10	140.00	150.00	157.50	120.00	127.50	127.50	215.00	225.00	232.50	517.50	328.3538
8	Radovan Dailov	PLK Gladijator	90.60	170.00	180.00	180.00	135.00	140.00	0.00	190.00	200.00	217.50	515.00	327.6945
9	Vuk Nikolić	Beo Gym Beograd	93.00	130.00	140.00	150.00	100.00	110.00	115.00	190.00	215.00	235.00	500.00	314.1000
10	Marko Milojković	KSS D.Đorđević	93.00	110.00	125.00	140.00	105.00	115.00	115.00	200.00	210.00	210.00	455.00	285.8310
11	Alden Fetahagić	Maximus Z Zemun	93.00	130.00	130.00	130.00	120.00	125.00	125.00	190.00	210.00	210.00	0.00	0.0000

BENCH PRESS RANG LISTA, KATEGORIJA OD 93 ,01 DO 105,00 KG

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1	Dušan Jovanović	Dušan Silni Beograd	104.80	287.50	297.50	302.50	202.50	207.50	210.00	317.50	327.50	335.00	835.00	499.3300
2	Goran Trnanić	PLK Maje- vica	100.00	200.00	215.00	222.50	160.00	160.00	160.00	260.00	280.00	300.00	662.50	403.1975
3	Dalibor Nikolić	KSS D.Đorđević	97.60	100.00	170.00	185.00	140.00	150.00	160.00	225.00	250.00	270.00	585.00	359.6000
4	Marko Todorović	XL Lesko- vac	99.30	187.50	202.50	205.00	117.50	122.50	122.50	210.00	215.00	0.00	530.00	323.4590
5	Milutin Novaković	KSS D.Đorđević	100.90	140.00	150.00	0.00	110.00	115.00	0.00	190.00	200.00	210.00	460.00	279.8180
6	Miroslav Lončarević	Dinamo Pančevo	95.70	110.00	120.00	122.50	75.00	80.00	82.50	135.00	150.00	160.00	365.00	226.3000
7	Nikola Branković	Dušan Silni Beograd	95.00	180.00	180.00	180.00	100.00	105.00	107.50	190.00	205.00	220.00	0.00	0.0000
8	Jovan Golušin	Maximus Z Zemun	96.50	190.00	195.00	200.00	160.00	160.00	160.00	205.00	210.00	230.00	0.00	0.0000

BENCH PRESS RANG LISTA, KATEGORIJA OD 105 ,01 DO 120,00 KG

1	Aleksandar Arbutina	Hajduk Ti- tan	106.70	270.00	280.00	290.00	200.00	207.50	207.50	300.00	315.00	320.00	790.00	469.4970
2	aleksandar Jovanović	Fitlife Ugri- novci	107.20	220.00	240.00	250.00	145.00	155.00	172.50	270.00	300.00	300.00	675.00	400.4775
3	Srđan Nikolić	KSS D.Đorđević	108.90	200.00	210.00	215.00	160.00	172.50	175.00	230.00	250.00	0.00	640.00	377.7920
4	Darko Glušac	Hajduk Ti- tan	112.70	160.00	170.00	175.00	130.00	140.00	147.50	200.00	210.00	220.00	542.50	316.9828
5	Mateja Trbović	Fitlife Ugri- novci	111.60	160.00	180.00	200.00	120.00	122.50	150.00	180.00	200.00	220.00	522.50	306.1850
6	Nikola Veličković	Kimit Bela Palanka	106.50	120.00	130.00	140.00	75.00	82.50	85.00	160.00	175.00	180.00	400.00	237.8400

BENCH PRESS RANG LISTA, KATEGORIJA PREKO + 120,00 KG

1	Aleksandar Radivojević	Fitlife Ugri- novci	120.00	200.00	210.00	230.00	150.00	170.00	190.00	260.00	300.00	300.00	660.00	379.3430
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DRŽAVNO PRVENSTVO BENCH PRESS

2	Stefan Drpa	Dinamo Pančevo	123.50	205.00	215.00	225.00	122.50	130.00	130.00	210.00	220.00	230.00	577.50	329.9258
3	Nikola Ilić	PLK Majevica	127.00	180.00	190.00	200.00	140.00	150.00	150.00	170.00	190.00	205.00	545.00	309.6145



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R b	Prezime i ime	Klub	Telesna Težina	Čučanj			Bench Press			Mrtvo Dizanje			Total	Wilks relativ
				I	II	III	I	II	III	I	II	III		
ŽENE BENCH PRESS RANG LISTA, KATEGORIJA OD 00,01 DO 47,00 KG														
1	Aleksandra Japundžić	Fitlife Ugri- novci	44.60	50.00	50.00	60.00	25.00	30.00	40.00	80.00	90.00	100.00	190.00	265.1070
ŽENE BENCH PRESS RANG LISTA, KATEGORIJA OD 52 ,01 DO 57,00 KG														
1	Aleksandra Aranitović	Stefani Zrenjanin	55.30	130.00	135.00	140.00	80.00	85.00	87.50	130.00	135.00	135.00	360.00	428.1480
2	Dejana Božić	Fitlife Ugri- novci	57.00	70.00	80.00	90.00	30.00	40.00	45.00	60.00	70.00	72.50	182.50	211.7730
3	Marina Joksimović	Maximus Z Zemun	55.50	60.00	75.00	70.00	60.00	60.00	60.00	100.00	105.00	105.00	0.00	0.0000
ŽENE BENCH PRESS RANG LISTA, KATEGORIJA OD 57 ,01 DO 63,00 KG														
1	Aleksandra Savić	Fitlife Ugri- novci	62.90	125.00	130.00	132.50	65.00	70.00	0.00	150.00	160.00	162.50	362.50	389.7963
2	Kristina Cvjetičanin	Dinamo Pančevo	61.60	100.00	107.50	110.00	50.00	55.00	55.00	100.00	107.50	115.00	272.50	297.7063
BENCH PRESS RANG LISTA, KATEGORIJA OD 63 ,01 DO 72,00 KG														
1	Marija Lepki	Disciplina Beograd	68.50	90.00	100.00	107.50	30.00	35.00	37.50	100.00	112.50	122.50	267.50	270.1750
2	Sara Patrić	Disciplina Beograd	72.00	80.00	90.00	100.00	35.00	40.00	42.50	100.00	110.00	120.00	252.50	246.4400
3	Milica Orešković	Spartans Pančevo	66.00	60.00	65.00	70.00	30.00	35.00	35.00	70.00	75.00	80.00	175.00	181.5450
BENCH PRESS RANG LISTA, KATEGORIJA PREKO 84,00 KG														
1	Tamara Ćaćić	Spartans Pančevo	77.90	130.00	135.00	140.00	70.00	75.00	0.00	150.00	160.00	165.00	375.00	348.3750
2	Martina Čobanović	Disciplina Beograd	77.00	100.00	110.00	120.00	45.00	50.00	55.00	150.00	170.00	180.00	330.00	308.6820